



# THE FRESH TAKE

## OUR MONTHLY NEWSLETTER

Open Mon-Fri 8a-9p, Sat & Sun 8a-8p

[www.countyfairfoods.net](http://www.countyfairfoods.net)

July is the best month of the year to take a break and pour yourself a nice cold drink! We have the tastiest of fresh squeezed juices – orange or grapefruit – to start off your morning right! Or add your favorite alcoholic complement and start your evening off right! For beer lovers, we have local craft as well as old time favorites in our ice cold cooler ready for consumption! And not to leave out our wine lovers, we have all the brands you love from rose to reising right at your convenient friendly corner grocery store! *The Baffes Family*



Nothing makes us prouder than to be American! Celebrate the Red, White and Blue with some famous tomahawk steaks (dogs love the bones), tasty flavored pub burgers, or our homemade kreative kabobs! Ahhh, the sun is shining and the BBQ is flaming! **ENJOY!**

### Healthy Corner Kick!

Udi's Gluten Free Bread, Van's Waffles, Skinny Pop Popcorn, Steaz Organic Teas, Dr. Praigers Purely Sensible foods and Honest Kids Organic juices are just a few of our healthy options for your best YOU!



Its' 5 o'clock somewhere...!



### FROM OUR COUNTY FAIR KITCHEN

#### Succatash Salad

- 1 (16 oz.) bag frozen baby lima beans
- 3 cups fresh corn kernels
- 1 cup chopped red bell pepper
- 3/4 cup chopped green onion
- 1/2 cup finely chopped red onion
- 1/4 cup chopped fresh flat-leaf parsley
- 2 tablespoons chopped fresh oregano

**FOR SALAD** cook beans in boiling water for 12 minutes. Drain; rinse with cold water. Combine beans, corn, and next five ingredients (corn through oregano).

**FOR DRESSING** combine lemon juice and remaining ingredients, stirring with a whisk. Drizzle over salad, and toss to coat.

#### DRESSING:

- 1/3 cup fresh lemon juice
- 2 tablespoons Dijon mustard
- 2 tablespoons olive oil
- 3/4 teaspoon salt
- 3/4 teaspoon freshly ground black pepper



#### Belladonna Cocktail

- 1 ounce dark rum
- 1 ounce light rum
- 1 ounce fresh squeezed orange juice
- 1 ounce cranberry juice

1 ounce pineapple juice  
Pour the ingredients into a cocktail shaker filled with ice. Shake well!



### Have a Suggestion?

We want to hear from you!  
Send it our way at [countyfairfoods@yahoo.com](mailto:countyfairfoods@yahoo.com)



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"Summer vacation's almost over, Sam. We need to do as much of nothina as we can."

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